

## **NSWO Early Career Grant**

With the early career grant the NSWO offers the opportunity to early career researchers to present their own research at a conference, visit a foreign laboratory or attend a course focused on sleep-wake research. The NSWO highly values supporting early career researchers to gain such academic experiences in an early stage of their career as it will stimulate them to develop their knowledge in new ways and build an (inter)national network of professionals. Every year the number of available grants will be announced (up to 2 grants with a maximum of 750 euro each).

### **Who can apply?**

Applicants must adhere to the following criteria to be considered:

- The applicant must be an NSWO member at the time of the application
- The applicant has not yet obtained a PhD or obtained a PhD a maximum of three years before the date of the deadline.
- Each applicant can only apply once per call.
- Previous NSWO Early Career Grant (previously called NSWO Young Talent Fund) recipients are excluded from applying.

### **How to apply?**

Applications can be submitted to [contact@nswo.nl](mailto:contact@nswo.nl) mentioning "Early Career Grant – [name]" in the title. Applications should be handed in at least 4 weeks prior to the NSWO Spring Symposium (check the calendar for the precise date). The application should consist of:

- Motivational letter, in which the personal motivation and the choice for the proposed conference, laboratory visit, or course is explained (maximum 1 A4).
- Curriculum vitae (maximum 2 A4 – free format)
- Signed confirmation of the principal investigator or employer that the applicant is involved in sleep-wake research and has not yet obtained a PhD or obtained the PhD a maximum of three years before.
- Concise budget of the (forecasted) registration fee, study materials, travel, and accommodation costs. Other costs of living will not be reimbursed. The maximum budget available per grant is 750 euro.

### **The selection process**

Applications will be evaluated by the NSWO scientific committee. Only complete applications will be considered. The preference will be given to early career researchers and to applications that can present their own research during the proposed conference, laboratory visit or course. The grant recipients will be announced during the NSWO Spring Symposium and by e-mail.

### **Reimbursement**

To get reimbursed, recipients are requested to submit receipts of the actual costs and a short report of their experience (300-400 words with a picture) to [contact@nswo.nl](mailto:contact@nswo.nl) within one month after attending the course, conference, or laboratory visit. The combined receipts cannot exceed the total budget that was requested during the application process. The report could be used by the NSWO for promotional purposes (i.e., on the website or within a newsletter).